## A Fork in the Road

Tales of Food, Pleasure & Discovery on the Road

Edited by James Oseland Publisher: Lonely Planet 334 pages, paperback: \$15.99 ISBN: 978-1-74321-844-0

A Fork in the Road: Tales of Food, Pleasure & Discovery on the Road is Lonely Planet's collection of 34 original stories by some of the world's most acclaimed chefs, food writers and novelists—focusing on how travel and eating combine to shape and inspire our lives. Edited by James Oseland, editor-in-chief of Saveur magazine and a judge on Top Chef Masters, A Fork in the Road brings together foodie faves and literary luminaries including Carla Hall, Marcus Samuelsson, Michael Pollan, Curtis Stone, Gael Greene, Rita Mae Brown, Neil Perry, Francine Prose, Jane and Michael Stern, David Mas Masumoto, Fuchsia Dunlop, Frances Mayes and Madhur Jaffrey among many others.

James Oseland says of the essays in the book: "Each of them says something ineffable about how we process and remember tastes and sensations, and about how they alter our view of the world. The stories encompass a vast mosaic of experience, from bitter to sweet to everything in between, and an equally vast range of voices. Some are rough, some are intensely refined. But they all have one thing in common: they chronicle food and eating in a deeply personal way."

A Fork in the Road is just that. It's Marcus Samuelsson's epiphany after a meal of fugu that there was more to learn about "fine dining" than he thought. Or it's Carla Hall's first attempt at chicken pot pie transforming her approach to cooking. It's David Kamp's childhood memories of a New England boarding house's summer meals or Martin Yan watching his mother at the stove, as a child in Guangzhou, China. It's Alan Richman's search for koshary, the national dish of Egypt, during the Arab Spring, or André Aciman's redemptive last meal in Tuscany after a disastrous trip.

It's the life-changing moments that inspire you to seek your own culinary adventure.



Enjoy the World at Your Leisure

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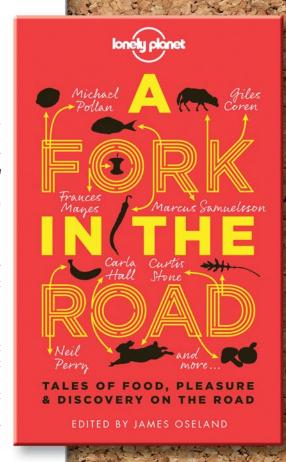
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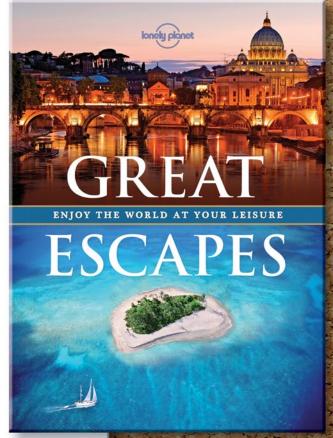
Are you dreaming of the perfect escape? Do you yearn for a beach paradise, luxury hideaway, or cultural thrill?

Lonely Planet's *Great Escapes* showcases 75 gorgeous getaways around the world from spa bliss in Bali to embracing Québec City in the winter. These irresistible experiences are organized by theme and include thrilling new ways to discover the world's greatest cities, relax on a beach vacation, venture into the great outdoors or explore food, music, art and romance.

The background stories, expert content and stunning photography set the scene for readers to immerse themselves in something out-of-the-ordinary. Each section also includes practical information for planning, essential experiences, detours and recommended reading lists to further inspire.

As reads the introduction: "These escapes can be discombobulating riots of color if you want it, or they can be the complete absence of the things that stimulate the mind. A break to make you think, or a break to make you stop. Whatever your pleasure, whatever form it takes, an escape is a chance to reassess your life, to recharge your batteries, to so completely divorce yourself from normality that by the time you return to the nine-to-five grind you've forgotten all your passwords. This is the chance to have an experience that will alter the way you look at the world, and perhaps even the way you look at yourself."





ARIZONADRIVER • January-February 2014 • 7